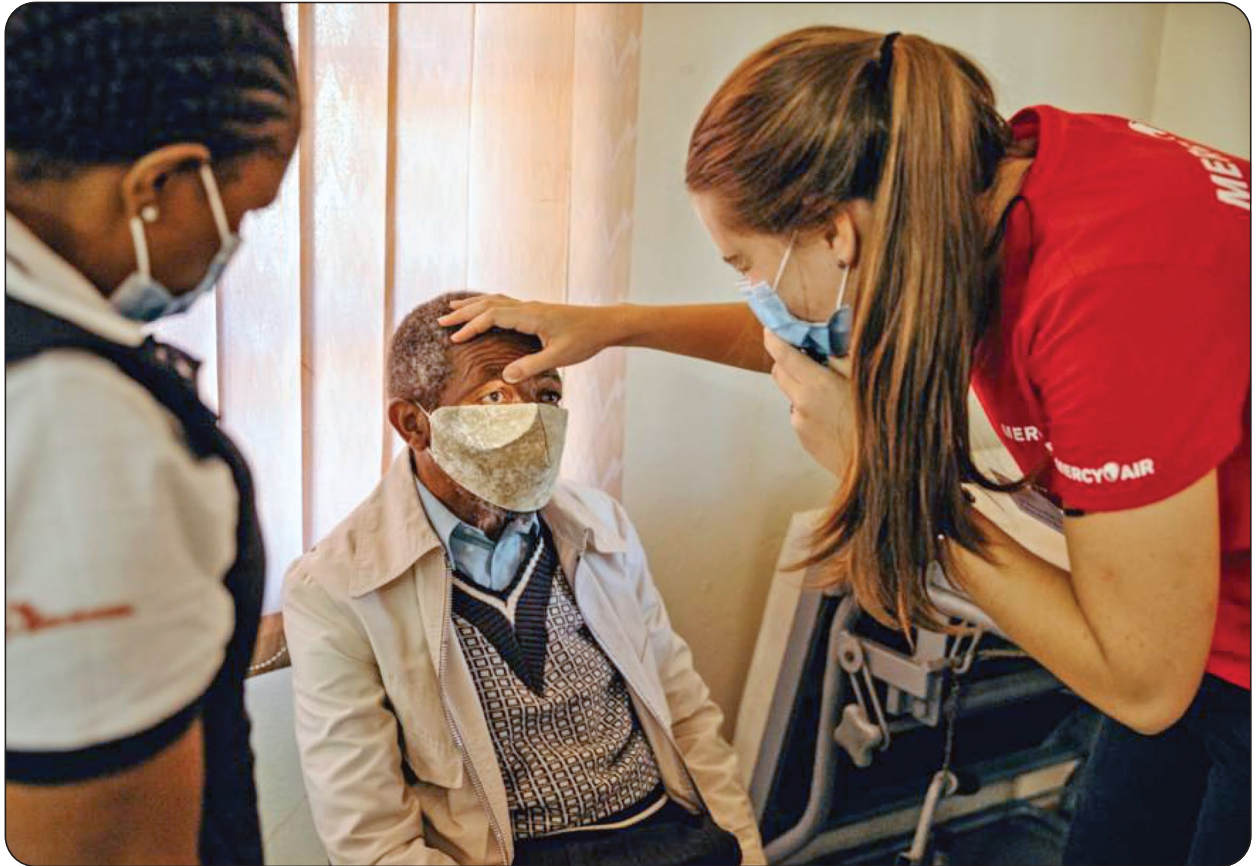


INSIGHT

Project
Southern Africa

Personal report by
Arne Pretorius in Eswatini.



Dear Fight4Sight Foundation, Thank you for considering to support me in my dream to pursue a career in ophthalmic surgery. Since I have started to work in Eswatini I have grown a lot both personally and as a doctor.



Impressions from the SightFlight into rural villages in Eswatini

I have learned so much in the field of ophthalmology and my passion has grown exponentially. I can now comfortably manage a busy clinic on my own which includes diagnosis and management of patients with common ophthalmic conditions including cataracts, diabetic retinopathy, different neurological conditions, squints etc. I now perform YAG laser for posterior capsulotomies and Argon PRP laser (for diabetic retinopathy).

My surgical training with Dr. Pons as my mentor has gone very well. I can now perform pterygium removals, repair basic corneal lacerations and perform lens washouts. Cataract surgery I am now comfortable with sub-tenon blocks, scleral tunnels and side port. I estimate another month before I will perform my first solo cataract surgery.

I have joined SightFlight for the first-time during March where I learned a lot about screening patients for cataract in the rural setting. This was a very rewarding exercise especially because most patients had a good outcome post-surgery.

I am excited to continue my journey here at Good Shepherd Hospital and to serve the rural community here in Eswatini.

Thank you
Arne Pretorius