



## Fight4OralHealth – Dental health care for Eswatini



Eswatini, one of the poorest countries in Africa, faces major challenges in the area of basic healthcare – including dental care. Sugar and sugary drinks are widely available, yet dental hygiene and preventive care are largely unknown. Toothache, infections and untreated tooth decay are part of everyday life for many people. On the one hand, there are very few dentists in the country; on the other hand, most people are unable to visit them in the urban centres and receive treatment due to their poverty.

The **Fight4Sight Stiftung** and **Dr. Chris Hasler** have launched the **Fight4OralHealth** project to tackle this shortcoming in the field of dentistry in Eswatini, in collaboration with a local partner organisation.





Prevention: On-site training has begun



## Key priorities

**Prevention and education:** We have already launched a national school programme on oral health. This is intended to reach all regions of the country. By distributing information materials and toothbrushes, we aim to raise awareness of dental care among children and their parents at an early stage.

The **construction of a modern dental clinic** with an integrated training centre is intended to provide modern dental care for all patients: revenue from fee-based treatments will fund the clinic's operations whilst also enabling free treatment for those in need.

This will make **treatment accessible to all sections of the population**. Even in remote areas, basic dental care is provided locally in collaboration with partner organisations.



Construction of the clinic is gradually taking shape

The new clinic will **train** young dentists, dental hygienists and other **healthcare professionals**. This will build up local expertise over the next five years, securing the future of dental care.

**In parallel, a quality control system will be introduced** to systematically collect health data on oral hygiene. Based on this data, national strategies to improve dental health will be developed in cooperation with government authorities.

## Funding

The Fight4OralHealth project is funded by donations. The new dental clinic is being pre-financed through a loan. In November 2025, a plot of land for the construction of the dental clinic was purchased with the help of a loan from the Fight4Sight Foundation.

**We are seeking further loans** totalling CHF 350,000 **for the construction and financing of the dental clinic**, to be repaid over the next ten years. This amount includes the costs for training and education rooms.

**We are looking for donations** to fund the other key project areas, in particular **the Oral Health prevention programme**. 100% of these donations go directly to the projects, as all staff costs and administrative expenses of the Fight4Sight Foundation are covered by the Foundation's Board of Trustees and the Berner Augenklinik.

## Sustainability

The project is a unique model which, by combining fee-based treatments, revenue from training programmes and donations, ensures that **training, self-sufficiency and cost recovery are achieved within a few years**.

European partner companies support the clinic with expertise, technology, training opportunities and donations of equipment. This fosters close collaboration between African and European professionals – an important exchange of knowledge on an equal footing.

## Summary

**Fight4OralHealth** promotes socially responsible dentistry in Africa: a combination of modern care, training and prevention. It is intended to be cross-funded through fees paid by patients and support from the government in Eswatini. The project thus not only offers immediate help to people in need, but also creates sustainable structures that improve oral health across the country in the long term, thereby enhancing food security, particularly among the young adult population. Fight4OralHealth relies on the support of committed partners and donors from Switzerland and Europe. A pilot project is to be established in Eswatini that demonstrates how humanitarian commitment, expertise and sustainability can go hand in hand – for a healthier future.



**Your donation helps to bring  
a smile to Eswatini.**

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